

# Metal Only

**Das einzig WAHRE Metalradio im Netz!**

Band: Vae Solis (P)  
Genre: Black / Doom Metal  
Label: Signal Rex/Mordgrimm  
Albumtitel: Adversarial Light  
Duration: 38:43  
Releasedate: 21.08.2015



I imagine to be in a lake, almost drowning. And right at the moment I surrender and accept my fate, the music from Vae Solis starts.

That is how you have to imagine the mood of the debut album "Adversarial Light", which trudges like a black (not golden) thread through the six songs. It may sound controversial, but conveying the mood to the listener is one of the strongest points of the disc. Since it's actually a feature of doom metal to create a rather warm mood despite the melancholic lyrics. However, the Portugueses achieve to create an unpleasant cold through the black metal – impact.

The coldness is also what made listening to the disc so difficult for me. Regarding only the technique, there is nothing negative to be said. But the very depressive and suffering presented vocals from the female vocalist Sofia Loureiro, bribe me into wanting to tell her a good joke hence she has something to laugh about again.

The songs are even for doom metal pretty monotonous and almost not distinguishable from each other, because the basses and the guitar, which is tuned on bass, as well as the drums only support the above mentioned singing. It would have enormously improved the entertainment value of the disc, if the in 2014 founded Vae Solis had shown more playfulness and innovation regarding their instruments.

## Conclusion:

The three gentlemen and the lady give us a hard time. Especially friends of light music will have difficulties to digest this mouthful. This debut is fitted better for the lonely, sad hours. The monotony of suffering overweighs way too much, which makes the album all in all boring and barely bearable.

Rating: 4/10

Recommendation: Adversarial Light

Weblink: <https://www.facebook.com/vaesolis>

## Lineup:

Sofia Loureiro - Vocals  
Filipe Azevedo - Guitar  
João Galrito - Bass  
João Seixas - Drums

Tracklist:

01. Saturn's Storm
02. Adversarial Light
03. Ennoia
04. Feral Isolation
05. Libra
06. Cosmocrat

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